



Risk assessment form (H&S)


Name of assessor(s)	Tom Darlington	Group / Establishment:	SSE
Date Review Date	February 2019 Annually		SORLS Charterhouse Centre

Venue Description	How was the assessment done?	Mobile Phone Signal
		Average
Pond Jumping – Using the pond at the far end of the nature reserve, beyond the slag beaches next to the concrete/pill box	Completed by Off-Site Instructor in consultation with other staff and Tom Darlington, Centre Manager	Nearest Landline
		Charterhouse Centre

Person Affected	Hazard(s) Identified	Existing Controls?	Risk Rating * Severity x Likelihood			What further action is recommended?	Action by whom?	Date action due	Date action done
			S	L	S x L				
Participants and visiting staff Instructor	Slips, trips and falls,	Safety/Activity briefing for all participants, and constant monitoring throughout the session Potential hazards pointed out in advance Vigilance of instructors in watching out for hazards or hazardous behaviour Participants to wear suitable footwear Utilise visiting staff to maintain high standards of group control	3	2	6				

Person Affected	Hazard(s) Identified	Existing Controls?	Risk Rating * Severity x Likelihood			What further action is recommended?	Action by whom?	Date action due	Date action done
			S	L	S x L				
Participants and visiting staff Instructor	Drowning	Safety/Activity briefing for all participants, and constant monitoring throughout the session Instructor vigilance The pond is shallow. Instructors can wade in if necessary.	5	1	5				
Participants and visiting staff Instructor	Participants getting cold	Safety/Activity briefing for all participants, and constant monitoring throughout the session Instructor training Vigilance of instructor/s Group has the choice whether to enter the pond Only offered if weather conditions are suitable	1	4	4				
Participants and visiting staff Instructor	Rolled ankles/Injured legs/knees.	Safety/Activity briefing for all participants, and constant monitoring throughout the session Explanation of how to jump/ land given Venue to be checked prior to session starting Trainers or wellies to be worn	3	2	6				

Person Affected	Hazard(s) Identified	Existing Controls?	Risk Rating * Severity x Likelihood			What further action is recommended?	Action by whom?	Date action due	Date action done
			S	L	S x L				
Participants and visiting staff Instructor	Ingesting pond water (Lead content increases when bottom is disturbed)	Safety/Activity briefing for all participants, and constant monitoring throughout the session Potential hazards pointed out in advance. Participants instructed not to ingest any water, spit out if any goes in their mouth.	4	1	4	Test the water to see exactly how much lead is in the water.	Tom D	2019	

Assessor's Signature – Where a review takes place resulting in no changes to the assessment and risk rating this form can be re-signed, dated, any relevant comments made and a note added for the next review date.					
Print	T DARLINGTON	Date	20/3/19	Comments	
Sign					
Print		Date			
Sign					